

Please let us know if ...

- Pregnancy or new baby
- Anything different about:
 - -Wake-up / bedtime routine
 - -drop-off / pick-up routine
 - - eating habits or behavior
- Anyone visiting your home
- Either parent traveling/out of town
- Change or added stress in either parents' jobs
- A death or illness in the family
- Medication being taken at home and times taken
- How the child slept the night before, including hours of sleep.
- The child's mood and demeanor of the morning.
- If the child ate well for dinner and breakfast.
- If there is any change in routine for the family at home which may have an impact on the child.
- If there has been any sign of fever, skin eruptions, vomiting, diarrhea, discolored mucus, extreme fatigue, and discharge from the eyes.
- If the child needs to leave earlier than normal.
- Extracurricular activities.
- Transitions
 - -crib to bed
 - -getting rid of pacifier
 - -diapers to underwear
 - -no more bottle at night
 - -home to school rough

It really helps us when we know any of these things happening so we can better serve your child's daily needs.