

INFANT DAILY SCHEDULE

(12 weeks to 12 months of age)

Each child is an individual and until we get to know him/her we ask that the parents provide the school with the schedule you have used at home. This schedule should include how much your child drinks and eats during the day and when, when a nap takes place and for how long and when your child wakes up in the morning. When the infant is able, we will convert him/her to the schedule used by the school for all the infants.

7:30-9am	Staff greets children and parents. Those children who do not eat or have a bottle before arriving at the School may be given food upon arrival at the request of the parent. (All food and drinks are to be supplied by the family). One bottle of either breast milk or formula must be brought in prepared to be served.
9am	Daily sheets are checked to see if a child needs a diaper change at this time. Diaper changes take place every 2 hours unless needed more frequently due to a BM. Daily sheet logged by staff.
9-10am	Nap time for younger infants (upon parent's request) or play time for those older infants. Infants will wake up from nap on their own time
9-10am	For those infants not napping at this time (weather permitting) outside time will now take place. During extreme hot or cold weather, the infants will not go outside. At this time playtime will take place. Play time will consist of floor time with a staff person which could include ball play, rolling, blocks, puppet play, stacking blocks, peek-a-boo, bubbles, etc. Mats are placed on the floor during this time. Story time takes place 1 –2 times daily. Older infants will also be involved in art projects from time to time.
10-11am	Outside play (weather permitting). Infants will be placed in play yards. Those infants that walk will be allowed to do so at their leisure
11am-12noon	If outside, infants are brought in. Hands and faces are washed. Diaper changes take place. Lunch time. (All food must be provided by the family until the children are 24 months of age including snacks). Daily sheet logged by staff. Younger infants are fed on demand as often as necessary.
12 noon	Nap time for older infants. Younger infants sleep on demand. Daily sheet logged.
1-2pm	Infants changed upon waking. Daily sheet logged.
2-3pm	Snack time for older infants and bottle time for younger infants or both for some. Daily sheet logged.
3pm	Play time inside or outside time (weather permitting)
4-5pm	Diaper changes take place and bottle feedings when necessary. Daily sheet logged.
5-6pm	Dismissal

Music & Movement – Early Stimulation

YPW Westlake every Wednesday and Thursday from 12:45 to 1:15

YPW Central every Tuesday and Friday from 12:45 to 1:15

7/17/2023